



Pregnancy Outreach Program

Call: 416-801-3126

393 King Street East, Toronto, Ontario M5A 1L3

BTC #: 416-364-7373

btcycle@mothercraft.org

www.breakingthecycle.ca

Empowering pregnant people by fostering choice and planning together for healthy outcomes

The *Breaking the Cycle* (BTC) Pregnancy Outreach Program serves pregnant people who are struggling with addictions and who are homeless or with unstable housing.





Are you pregnant and using drugs and/or alcohol?

Are you homeless or living in unstable housing?

Do you want to talk to someone about planning and your choices?

The BTC Pregnancy Outreach Worker will:

Talk to you about ways to reduce or stop using drugs and/or alcohol

Respect your choices and work with you to plan for healthy outcomes

Offer barrier-free, anti-oppressive, racially informed, 2SLGBTQ+ friendly counselling services

Connect you with medical services, prenatal care providers, and/or other community supports to work towards your goals

Meet with you in the community

Invite you to a Prenatal Relapse Prevention Group

Help you with housing and other referrals

Provide you with food cards and Presto tickets

Partner Agencies *With funding assistance from the Public Health Agency of Canada's CPNP program*

